

WEBSITES OF THE MONTH

LOCAL

Auckland-based menu management company Menu Du Jour has developed a website that allows chefs to analyse the nutrient value of their meals and cost recipes online. MyRecipes (www.myrecipes.co.nz) enables chefs to enter ingredients into recipes online in a safe and secure environment while tracking current cost prices and ingredient availability.



Ingredient pricing is updated directly from nationwide suppliers who are linked to the site, meaning chefs simply enter

their recipes and menus and the latest available ingredient prices are displayed. MyRecipes is the brainchild of former chef and Menu Du Jour owner Gavin Lovett. Lovett worked closely with Dunedin-based dietitian Amber Strong when developing the site that features nutritional information for menus and recipes and a "Menu Guide" labeling system.